

## DEPARTMENT OF THE AIR FORCE AIR FORCE RESERVE COMMAND

(Do not date until signed

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MEMORANDUM FOR		
	BER'S NAME& SSN}	
FROM: 507 MDS 7455 Reserve Road		
Tinker AFB, OK 73145		
P: 405-582-6730 Fax: 405	5-736-3754	
SUBJECT: Request for Medical	Information	
1. PRIVACY ACT STATEMEN E. O. 9397. Principle Purpose: To identify specific personal capabil of Defense component or, upon retheir official duties and may be ulitigation. Disclosure: MANDAT recall in the event of national more	o maintain essential records of A ities. Routine Uses: Disclosure request, to other Federal, state, o sed for other lawful purposes in ORY. Failure to respond could	Air Force Reservists, and may be made to any Department r local agencies in pursuit of cluding law enforcement and cause incorrect priority for
2. COMPLETE MEDICAL HIST	TORY OF THE CONDITION.	
3. DIAGNOSIS (Include ICD 10	Code)	
4. TREATMENT PLAN.		
5. LIMITATIONS (Include social no limitations, state so.)	al and industrial impairments [So	- •
Check and specific military relate	ed activities the member <b>CANN</b>	OT perform.
Run 1.5 Mile	Push-ups	Stand ≥12 hrs.
Abdominal Crunches	High Impact Activities	Walk 2 kilometers/1.25 mi
Maximum effort 100yd run	Bend, crawl, stoop, climb	Carry, drag, lift, push, & pull \ge 40lbs
ANTICIPATED RELEASE DA	TE	Patt 7-10109

6. RECOMMENDATION OF THE PATIENT STRESSFUL AND PHYSICALLY DEMANI		
7. CONFIRMATORY DATA: Please attach a	ll clinical/treatment n	otes, results of any imaging
studies, laboratory, additional testing, consultation on this form regarding the diagnomemos. These documents may be faxed direct	ations or other data what is sis or limitations. DO	hich substantiates the NOT submit letters or
Physician's Name and Title (Type or Print)	Signature	 Date